

Cathy Shufro

cathy.shufro@yale.edu

cathyshufro.com/

(203) 444-9282

Education

Brown University, Providence, Rhode Island

A.B., with honors

Independent major in the humanities

Bloomberg School of Public Health, Johns Hopkins University, Baltimore, Maryland: Principals of Epidemiology

Dartmouth College, Hanover, New Hampshire: Medicine in the Media; training for journalists

Selected fellowships and honors

- Public Voices Fellowship, Yale University, New Haven, Connecticut; 2014-2015
- International Reporting Project, Washington, D.C., February-April 2012. Reported from Burma.
- Grand Gold Award, 2012 Best Articles of the Year, CASE, “The bird-filled world of Richard Prum”

College teaching

Yale University

Bass writing tutor, Berkeley College

Work with undergraduates on academic papers at all stages of the writing process. Also advise students writing application essays, 1986-present

Department of English

Lecturer:

Daily Themes (English 450), spring terms, 2008 to present

Writing about Medicine and Public Health; conceptualized and designed this course with fellow lecturer Randi Hutter Epstein, M.D., fall 2013

Reading and Writing the Modern Essay, fall 2005 through fall 2012

Judge, Wallace Prize, non-fiction category, 2014 and 2015

Writing consultant

Yale Greenberg World Fellows; 2011 to present; Yale School of Public Health, 2002 through 2010

Center for Prison Education, Middletown, Connecticut

Taught an intensive three-week writing workshop at the nearby Cheshire Correctional Institution, offered by Wesleyan's Center for Prison Education, June 2016

Wesleyan University, Middletown, Connecticut

Taught "Translating Science" (WRCT 220), a semester-long writing seminar for selected science majors, spring 2013

Other teaching

School of Molecular and Theoretical Biology, Russia, Spain and Poland

Led writing seminars at free summer program for exceptional Russian and Catalan students of molecular and theoretical biology; edited journal articles for science faculty, August 2015 through 2019. In Barcelona 2016, 2017, 2019; in Poznan, Poland, 2018; in Pushchino, Russia, 2015.

Elite Scholars of China, Beijing

Guide high school seniors in college application process, including essays; fall 2015-present. Taught college-level writing classes to Chinese students heading for U.S. colleges, May-June 2015.

Cooperative Arts and Humanities High School, New Haven, Connecticut

Coordinated weekly writing workshop for students at arts high school; hired and supervised three Yale undergraduates who helped run the workshop, funded by Co-op Center for Creativity, fall 2014

Editing

Edit books and journal articles for university faculty in the U.S. and Europe

Journalism

Freelance writer, editor, and photographer

Specialize in writing profiles and reporting on science, medicine and public health, Take photographs to accompany stories (1985-present)

Fellow, International Reporting Project, Washington, D.C.

Reported from Thailand and Burma as one of five fellows for the project, which supports coverage of under-reported stories, spring 2012

Independent international reporter covering global health and the environment from Vietnam, Nicaragua, Haiti, Thailand, Bangladesh, Bhutan, Ghana, Nepal, and India, 2007-2015

Reporter and editor, The News-Times, Danbury, Connecticut

Wrote breaking news, features and long-form stories for daily newspaper. Edited local and wire service stories, wrote headlines, designed layouts. Assignments included Sunday assistant editor; health, housing and social services reporter; town reporter, 1977-1985

Selected publications

In press: autism in middle-income countries, *Global Health Now*; Yale Alumni Magazine stories on Covid-19 and 2020 graduates; Johns Hopkins Public Health on contact tracing; books column on *Designing Babies* for Yale Medicine

“Hopkins Heroes: Dr. Paige Armstrong ’02,” Hopkins School website, 4/17/2020

“Permission to feel,” Yale Medicine, winter 2020

“He says ‘unprecedented’; she doesn’t,” Yale Alumni Magazine, January/February 2020

“Unsafe Harbor: Rhode Island ports threatened by rising seas ... ,” *41°N*, fall 2019

“First days at Yale” Yale Alumni Magazine, November/December 2019

“Where the Bears Were,” *Canopy*, fall 2019

“How to make the lives of those with dementia joyful,” Yale Medicine, autumn 2019

“The Narrow Gap Between Animal and Human Viruses,” Yale Medicine, summer 2019

“Skimming a Plastic Wave,” 41°N, spring 2019

“A stimulating book on hormones,” Yale Medicine, spring 2019

“The alchemist of costuming: Jane Greenwood, Broadway's most prolific designer, turns cloth into character,” Yale Alumni Magazine, March/April 2019

“First days at Yale: New students talk to us about their plans,” Yale Alumni Magazine, November/December 2018

“Behind the Screen with MSON,” Hopkins Views from the Hill, fall 2018

“Improving college students’ mental health,” Yale Medicine, autumn 2018

“Grads Reflect,” Yale Alumni Magazine, July/August 2018

“The End of Old Age: Living a Longer, More Purposeful Life,” Yale Medicine, spring 2018

“Climate Change: When Dengue Reaches Helsinki,” Global Health Now, 1/26/18

“Everyday justice: Law School professor Tracey Meares is helping police to build trust with civilians,” Yale Alumni Magazine, January/February 2018

“The Schmuck in My Office: How to Deal Effectively with Difficult People at Work,” Yale Medicine, winter 2018

“First Days at Yale,” Yale Alumni Magazine, November/December 2017

“Life on Ice: A History of New Uses for Cold Blood,” Yale Medicine, autumn 2017

“Voices of Commencement,” Yale Alumni Magazine, July/August 2017

“Making Scientists,” Hopkins Views from the Hill, spring 2017

“An alternative to the Affordable Care Act,” Yale Medicine, winter 2017

“First Days at Yale,” Yale Alumni Magazine, November/December 2016

“Brazilian Health Experts’ Zika Debrief,” Global Health Now, October 18, 2016

“Survival traits that are killing us,” Yale Medicine, autumn 2016

“Commencement ’16,” Yale Alumni Magazine, July/August 2016

“Oh No—Organic Chemistry!” Weiner Magazine, spring/summer 2016

“Hair and the course of human history,” Yale Medicine, spring 2016

“War & after: Veterans of recent conflicts talk about their lives during and after deployment,” Yale Alumni Magazine, May/June 2016

“Winning the war on cancer,” Yale Medicine, winter 2016

“First impressions,” Yale Alumni Magazine, November/December 2015

“ ‘When Breath Becomes Air,’ by Paul Kalanithi,” Yale Medicine website, autumn 2015

“How do we talk about race?” Hopkins Views from the Hill, Fall 2015

“Crossing to Safety,” Johns Hopkins Public Health, fall 2015; excerpted in Atlantic Media’s CityLab: Best #Cityreads of the Week, January 16, 2016

“Syria’s Lost Generation,” Global Health Now, October 7, 2015

“A Sense of Community for People with Mental Illnesses,” Yale Medicine, autumn 2015

“It’s not just the germs: Veteran AIDS activist Gregg Gonsalves wants to change the way you think about illness,” Yale Alumni Magazine, September/October 2015

“Making It Real,” HHMI Bulletin, spring 2015

“Cancer’s Uncounted: How common is the disease in developing countries?”
Johns Hopkins Public Health, spring 2015

“Lifestyle strategies and alternative medicine,” Yale Medicine, spring 2015

“The Extended Self: Living in the digital age,” Hopkins Views from the Hill,
story and photographs, spring 2015

“Wood Smoke is Killing Us,” Huffington Post blog, February 2, 2015

“Immersion in the Lab: An international summer program gives talented Russian
high schoolers a taste of life at the bench,” HHMI Bulletin, winter 2015

“The expat grandparents: An ever-changing, multi-generational Chinese
community has sprung up at the north end of campus,” Yale Alumni Magazine,
January/February 2015

“First days at Yale,” Yale Alumni Magazine, November/December 2014

“Between Two Lives,” text for Michelle Frankfurter’s photo essay on migrant
children in Mexico, Johns Hopkins Public Health, fall 2014

“How cats and dogs became our best friends,” Yale Medicine, autumn 2014

“Lessons from Liberia,” HHMI Bulletin, fall 2014

“That beautiful music of a new voice,” profile of playwright Tarell Alvin
McCraney, Yale Alumni Magazine, September/October 2014

“First person,” Yale Alumni Magazine, July/August 2014

“A writer confronts exam anxiety—with a little help from friends,” Johns
Hopkins Bloomberg School of Public Health blog, July 2014

“The Himalayas' Hidden Hunger: In a nation of farmers, undernutrition leaves
children stunted and at lifelong risk . . .,” story and photos, Johns Hopkins Public
Health, Special Issue 2014

“A healthier Nepal,” story and photos, Yale Public Health magazine, spring 2014

“Why we spend more but get less,” Yale Medicine, spring 2014

“From selling used car parts to studying organ transplants,” story and photo, Yale
Medicine, winter 2014

“What should we believe? In a new book, a public health professor helps the public understand what’s behind health reports in the media,” Yale Medicine, winter 2014

“First Days: Interviews,” Yale Alumni Magazine, November/December 2014

“Tethered to the Wind,” HHMI bulletin, winter 2013

“Return to Poetry,” Yale Medicine, winter 2013

“The mystery of HIV,” Yale Medicine, winter 2013

“Tales of the Pathfinders: Practical Solutions for Our Broken Food System,” Edible Nutmeg, late fall/early winter 2013

“Maternity’s Thin Line: What separates mothers who die from those who survive?” story and photos, Johns Hopkins Public Health, Special Issue 2012

“Far from home, briefly: Why 154 Yale alumni paid \$2,000 each, plus plane fare, to work for free in Ghana,” Yale Alumni Magazine, November/December 2012

“Daw Aung San Suu Kyi on living ‘never free from fear,’ ” 06520 blog, September 27, 2012

“Doctors who write: School of Medicine alumni discuss how writing helps them reaffirm their belief in medicine” and “Finding the right words for pain,” Yale Medicine, winter 2012

“Local and Legal,” Edible Nutmeg, early winter 2012

“A Stick in the Heart: In Thailand, lay counselors offer therapy to traumatized Burmese migrants,” story and photo, Johns Hopkins Public Health, fall 2012

“A ‘sick-care’ system,” Yale Medicine, autumn 2012

“Renewing ties to Myanmar,” Johns Hopkins Magazine, May 2012

“Myanmar election brings new hope and the same old worries,” GlobalPost, April 4, 2012

“What t-shirts can teach us about democracy in Myanmar,” story and photo, Boston Globe, April 1, 2012

“Truth in Numbers: A husband-and-wife team takes on medical misinformation,” Dartmouth Medicine, spring 2012

“The bird-filled world of Richard Prum: How an ornithologist discovered new kinds of color, proved T. rex had feathers, and answered the question ‘What is art?’ ” Yale Alumni Magazine, November/December 2011

“Survivor Satisfaction,” Johns Hopkins Public Health, fall 2010

“Haiti, day to day,” and “Life and Limbs,” stories and photos, Tulanian, fall 2010

“Tackling global health problems, one at a time”; “\$2.5 million award for probing the unknown”; and “Back to school,” Yale Alumni Magazine, September/October 2010

“Six Paths,” Yale Public Health, fall 2011

“An Upside to Indulgence,” Yale Alumni Magazine, September/October 2011

“Commencement 2011: First person,” Yale Alumni Magazine, July/August 2011

“Nation of the forest: If Bhutan succeeds in preserving its extraordinary natural heritage, it will be because of Buddhism. But Bhutanese Yale alumni can take some credit,” story and photos; and “At the King’s Side,” Yale Alumni Magazine, May/June 2011

“A Culture Shift,” interview, HHMI Bulletin, May 2011

“The dark side of motherhood: A psychiatrist explores mothers’ ambivalence over their needs and their children’s,” Yale Medicine, spring 2011

“Incoming,” Yale Alumni Magazine, November/December 2010

“A Bhutanese Journey: Dechen Wangmo has trekked above 12,000 feet to bring public health to the most remote areas of her native country,” Yale Public Health, fall 2010

“Professor of Mambo: Robert Farris Thompson—Master T—teaches ‘the black aesthetic of the cool,’ ” story and photo; “In their own words”; and “Vice president in charge of asking,” Yale Alumni Magazine, July/August 2010

“Where does Haiti go from here?” and “Early warning for pregnant women,” Yale Alumni Magazine, May/June 2010

“Health without reservation: An alumna returns to her Navajo homeland to address the health needs of her people,” Yale Public Health, spring 2010

“Back in the Day” and “First days at Yale,” Yale Alumni Magazine, November/December 2009

“Discovering JiVitAland: The decade-long JiVitA project—one of the largest nutrition trials of its kind—has recruited 100,000 pregnant women and their babies with a grand goal in mind: Find new ways to save lives in South Asia,” Johns Hopkins Public Health, fall 2009

“Mountain: Yale public health and medical students help to create a health clinic (now a hospital) ... in Nepal,” Yale Public Health, fall 2009

“Summer fiction,” and “High-altitude insurance,” Yale Alumni Magazine, July/August 2009

“Shining Light,” story and photos, Rochester Review, May/June 2009

“The fun factor,” and “The anti-ivory tower brigade,” Yale Alumni Magazine, May/June 2009

“Why racial prejudice persists,” Yale Alumni Magazine, March/April 2009

“Rocket Man,” HHMI Bulletin, February 2009

“By hand: ... In Hunter Spence's classes, students still learn small-scale artistry and old-fashioned cuss words,” and “Spellbound,” Yale Alumni Magazine, January/February 2009

“Anonymous donors tell all!” Yale Alumni Magazine, November/December 2008

“Black Dogs,” HHMI Bulletin, November 2008

“Borderline Health: As a ‘slow-motion genocide’ envelops ethnic minorities in eastern Burma, health workers rely on innovative strategies and raw courage to save the lives of mothers and infants,” Johns Hopkins Public Health, fall 2008

“When the doctor is the patient: Robert Klitzman’s resistance to his own depression led him to explore what happens when doctors get sick,” Yale Medicine, autumn 2008

“Connecticut’s Bruce Fraser,” Humanities, September/October 2008

“Myanmar Refugees Changing Face of Connecticut,” with Rinker Buck, The Hartford Courant, August 10, 2008

“The daughter effect: Legislators with daughters are more liberal,” Yale Alumni Magazine, May/June 2008

“Self-help: maybe it works better in Japan,” Yale Alumni Magazine, May/June 2008

“Gay men’s fears of long-term romance: A psychoanalyst argues that the way gay men’s parents treat them affects their adult relationships,” Yale Medicine, winter 2008

“The Children of el Mercado Oriental: Eleven Yale nurses. One week. Eighty-six children who are too poor even for public school. Can Americans make a difference abroad?” Yale Alumni Magazine, September/October 2007

“Law School aids immigrants caught in New Haven raid,” Yale Alumni Magazine, September/October 2007

“As the New Year Approaches, a Doctor Reflects on Body and Soul,” Jewish Daily Forward, August 29, 2007

“Tracking the Reaper: How a handful of doctors found one of the deadliest kinds of TB in the world,” Yale Alumni Magazine, July/August 2007

“The View from the O.R.,” Brown Alumni Magazine, May/June 2007

“Three young playwrights. Three new plays. Now comes the hard part,” Yale Alumni Magazine, July/August 2006

“Not so fast, professor,” and “How to get tenure? If you have to ask ...,” Yale Alumni Magazine, July/August 2006

“Sauces, sunflowers and letters home: An Air Force surgeon in Iraq talks of his soldiers, Iraqi families and his feelings about the war,” and “Consortium seeks to boost minority presence in health information professions,” Yale Medicine, spring 2006

“Serial Killer: Molecular biologist John Carlson stymies malaria mosquitoes,” Yale Alumni Magazine, March/April 2006

“New push for faculty diversity,” Yale Alumni Magazine, January/February 2006

“Comfort Food: For 30 years, Claire’s Corner Copia has nourished town and gown with big portions, too much butter, and love,” Yale Alumni Magazine, November/December 2005

“The Unseen Wounds of War. Combat veterans face post-traumatic stress disorder,” Yale Medicine, autumn 2005

“Yale Workers Talk Back,” September/October 2005

“Beach fare: ‘The Secret History of the Pink Carnation,’” Yale Alumni Magazine, July/August 2005

“Onward Connecticut Soldiers: A Connecticut GI grapples with post-traumatic stress disorder,” New Haven Advocate, June 30, 2005

“World Class: Every year, Yale brings up-and-coming international leaders to America to learn about grand strategy, Shakespeare, and even branding cattle,” Yale Alumni Magazine, May/June 2005

“The Incredible Locomoting Jake: With flying snakes and clapping scallops, an inspired researcher makes science come alive,” HHMI Bulletin, spring 2005

“The Innovator: When Erin Lavik got a chemistry set at age seven, the first thing she did was mix the chemicals she wasn’t supposed to mix ...,” Yale Alumni Magazine, January/February 2005

“Damming Tiger Gorge: Chinese environmentalists try to protect a natural wonder,” E/The Environmental Magazine, January 2005

“Getting the right fold: For almost two decades Arthur Horwich has been unraveling a basic biological mystery: how proteins achieve their native shapes”; “Working on a broad canvas, physician-artist finds perfection amid life’s many flaws”; and “Who’s minding the bookstore?” Yale Medicine, fall/winter 2004

“Present at the Creation: How a School of Nursing professor helped transform midwifery from an illegal backwoods tradition into a respected medical profession,” Yale Alumni Magazine, September/October 2004

“Green Menus: College Campuses Opt for Sustainable Dining,” E/The Environmental Magazine, July 2004

“Life on Wheels: Filmmaker and physician Gretchen Berland gave cameras to three disabled people and asked them to shoot their everyday lives,” Yale Medicine, summer 2004

“The Making of Rolling,” New Mobility, June 2004

“Atkins and risk,” Yale Alumni Magazine, May/June 2004

“The bigger questions in science: For a whopping 360 students, bioethics course tackles problems ‘at the core of our existence,’ ” Yale Medicine, spring 2004

“Cuban Dreams. Historian Carlos Eire wins the National Book Award for his memoir of exile,” Yale Alumni Magazine, January/February 2004

“In Lost in America, a Yale surgeon opens up memories of his father,” Yale Medicine, summer 2003

“Off-key Smash. Greg Kotis and Mark Hollmann hit the big time with their eccentric *Urinetown*,” University of Chicago Magazine, August 2002

“After decades of molecular research, a cancer drug leaves the lab — Janet Rowley's 1972 discovery paved the way for a leukemia-targeting drug,” University of Chicago Magazine, October 2001

“A dramatic turn: The doctor-patient relationship takes center stage in performer Anna Deavere Smith’s interpretation of medicine at Yale,” Yale Medicine, spring 2001

“To the vector go the spoils,” Yale Medicine, spring 2000

“Stealing the Silence (and Security) of the Woods,” Hartford Courant, December 26, 1999

“The Many Worlds of Nozipo Maraire: Most neurosurgical residents are happy just to learn their craft, help humanity and survive seven years of very long days...” Yale Medicine, summer 1999

“The Silence of the Honeybees,” New York Times, May 10, 1998

“Quilting for World Peace,” Threads Magazine, April/May 1987

“Here are the Last of the Hatters,” Threads, December/January 1986

“The Tuxedo, 100 Years Later,” Threads, October/November 1986

“Imitating the Silkworm,” Threads, June/July 1986

Books edited

The Snow Leopard and the Goat: Politics of Conservation in the Western Himalayas, by Shafqat Hussain, University of Washington Press, 2020

Resilience: The Science of Mastering Life's Greatest Challenges, by Steven M. Southwick and Dennis S. Charney; Cambridge University Press, 2012; and second edition, 2018

Remoteness and Modernity: Transformation and Continuity in Northern Pakistan, by Shafqat Hussain, Yale University Press, 2015

The Yale Club of New York City: A Century at 50 Vanderbilt Avenue, by John Steinbreder, Legendary Publishing, 2014

Hawaiian Modern: The Architecture of Vladimir Ossipoff, Dean Sakamoto, editor; Honolulu Academy of Arts, 2007

Islam, Secularism and Nationalism in Modern Turkey: Who is a Turk? by Soner Cagaptay, Routledge, 2006

Partner to the Poor: A Paul Farmer Reader, Haun Saussy, editor; Berkeley: University of California Press, 2010 (one chapter only)

Other selected awards

Silver medal, Best Articles of the Year, CASE, for “The ex-pat grandparents,” 2015

Best feature story (magazines), Connecticut Agricultural Journalism Awards, for “Local and Legal,” 2011

Bronze medal, Best Articles of the Year, CASE, for “Tracking the Reaper,” 2008

MORE award from the American Academy of Orthopaedic Surgeons, for “The View from the O.R.,” 2008

Bronze medal, Best Articles of the Year, CASE, for “The Unseen Wounds of War,” 2006

Languages: advanced French, basic German and Spanish

Professional associations & training

Association of Health Care Journalists

National Association of Science Writers

Telling Immigrant Food Stories, Feet in 2 Worlds, New School for Social Research, New York City; April 2017

Photo Arts Collective, New Haven

Exhibited in Spectra 2015 exhibition, Sumner McKnight Crosby Jr. Gallery, New Haven

Maine Media Workshop, Rockport, Maine: several week-long photography classes

Community service

Massaro Community Farm, Woodbridge: Board member and co-founder. We revived a local farm that was donated to the town. We teach about farming, sponsor an organic CSA, and donate 10 percent of our harvest to groups serving low-income people; 2007 to present

Cultural partner for Syrian refugee family, New Haven; March 2016 to March 2019

Conservation Commission, Woodbridge: member. Commission won 2012 Preservation Leadership Award, Connecticut Trust for Historic Preservation; 2001-2013

Sarah's Fund, Community Foundation for Greater New Haven: director. Provide books for under-served children; since 2001

Inland Wetlands Agency, Woodbridge: alternate member (1993-2001).